



## Residential Care Home

**Residential – Respite – Dementia – Day Care**

“ Established, homely  
and friendly atmosphere  
with quality care.

## Choosing a Care Home

The Rowallan Group was formed in 1982 with the opening of Rowallan House in Chadwell Heath, Essex. Rowallan House has 41 beds catering for the elderly and those requiring dementia care plus respite, day care, and palliative care.

Rowallan has remained in the same family ownership since 1982 and we are proud to offer not only excellent service but that added personal touch so often only found in family-run homes and we enjoy an enviable reputation within the local community.

### Does Your Loved One Need Memory Care?

Placing a loved one into a specialist memory care facility is often an extremely difficult decision for families and partners. However, it can be the right decision to enhance their quality of life and the person can still retain their independence, while receiving the bespoke, unique care they require. Rowallan House is here to manage the safety and daily care of your loved one, so that you can enjoy recreational, quality time with them, safe in the knowledge that their needs are being met. Our highly experienced dementia trained staff aim to improve all residents' quality of life while providing exceptional care for those with Alzheimer's disease or other forms of dementia. Our goal is for your loved one to enjoy life, while you can have complete trust and confidence in the quality of care they receive. We will also encourage them to make the most of activities and events to enhance their cognitive skills and be as independent as possible.

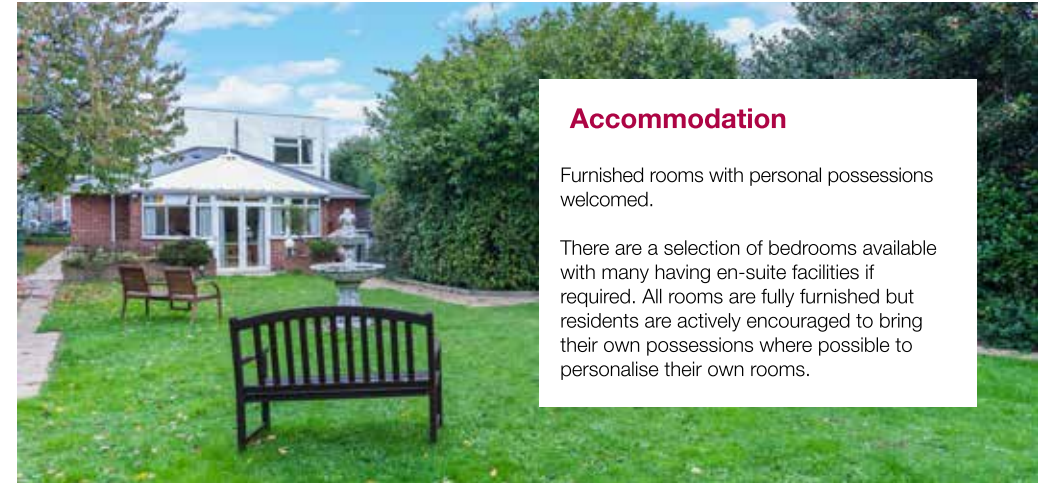


**“** *I would recommend Rowallan House very highly. Putting my father-in-law in a care home was a very difficult decision but the staff made it very easy and he is now very settled. We know he is safe and cared for. The staff and management treat him with respect and dignity and keep us constantly informed of anything happening with him. He is clean and well fed. We are very happy and grateful that they have made this change a very easy and stress-free one for us and especially for him. Would recommend Rowallan House to anyone in a similar position.* **”**

– Donna M

## Life at Rowallan House

Our home is designed so that each person we care for feels completely supported in every aspect of their lives. First and foremost, the care and services we provide are delivered by trained professionals who are dedicated to looking after the health of each resident. Our activities programme is tailored around particular interests and our facilities are designed to enhance the lives of everyone living at the home. We also offer tasty and nutritious food that is prepared by our in-house chefs.



### Accommodation

Furnished rooms with personal possessions welcomed.

There are a selection of bedrooms available with many having en-suite facilities if required. All rooms are fully furnished but residents are actively encouraged to bring their own possessions where possible to personalise their own rooms.



**“** *The care and supervision at Rowallan House are very good. The special needs of each resident is paramount in their thinking. The rooms are well decorated, clean and comfortable. The carers are kind and considerate and the manager is undertaking an excellent job. Activities are geared to not only entertaining the ladies and gentlemen but they give them the opportunity to reminisce and remember their past. Thank you.* **”**

– E Hickman

### Facilities

- There are four lounges available for residents use.
- Two fully serviced lifts
- Bathrooms with shower units and specialist facilities for the disabled
- Hairdressing/Barber Salon
- Laundry and cleaning facilities
- Dedicated activity and events coordinator
- Landscaped secure gardens with patios
- Extensive home prepared menus with choice options and special dietary requirements
- Dedicated maintenance manager
- Rowallan is part of the Little Heath Conservation Area and our gardens are specially designed and laid out for disabled access.



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### Rowallan House

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